

ST. MARGARET'S CHURCH
LOWESTOFT



Service of Holy Communion

For Ordinary Time & Trinity Season



Sunday 19th October

18th Sunday after Trinity

International Day for the Eradication of Poverty

Service One

Mass Setting: St. Thomas (D. Thorne)

SERVICE ONE

Holy Communion



Deacon Gerda
Preacher Sam Porter & Canon Simon
Presiding Canon Simon

WELCOME & Introduction [please remain seated]

We meet in the presence of God
who knows our needs, feels our pain,
and shares our joy.

This is the day that the Lord has made.

We will rejoice and be glad in it.

HYMN 610 - Christ is the world's true light

***1 Christ is the world's true light,
its captain of salvation,
the daystar clear and bright
of every land and nation;
new life, new hope awakes,
where peoples own his
sway:
freedom her bondage breaks,
and night is turned to day.***

***2 In Christ all races meet,
their ancient feuds forgetting,
the whole round world complete,
from sunrise to its setting:
when Christ is throned as Lord,
lands shall forsake their fear,
to ploughshare beat the sword,
to pruning-hook the spear.***

***3 One Lord, in one great name
unite us all who own thee;
cast out our pride and shame
that hinder to enthrone thee;
the world has waited long,
has travailed long in
pain;
to heal its ancient wrong,
come, Prince of Peace, and reign!***

George Wallace Briggs (1875–1959)

Prayers of Penitence

We are invited to confess what we have done wrong using these words

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Therefore let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Confession *(please sit or kneel)*

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

Amen.

THE COLLECT *(Prayer of the week - found on the pew sheet)*

God, our judge and saviour,
teach us to be open to your truth
and to trust in your love,
that we may live each day
with confidence in the salvation which is given
through Jesus Christ our Lord.

HYMN 249 - Holy Spirit, living Breath of God

***1 Holy Spirit, living Breath of God,
breathe new life into my willing soul.
Bring the presence of the risen Lord
to renew my heart and make me whole.
Cause your word to come alive in me,
give me faith for what I cannot see;
give me passion for Your
purity;
Holy Spirit, breathe new life in me.***

***2 Holy Spirit, come abide within,
may your joy be seen in all I do.
Love enough to cover every sin
in each thought and deed and attitude:
kindness to the greatest and the least,
gentleness that sows the path of peace.
turn my strivings into works of grace;
Breath of God, show Christ in all I do.***

***3 Holy Spirit, from creation's birth,
giving life to all that God has made,
show your power once again on earth,
Cause your church to hunger for your ways.
May the fragrance of our prayers arise;
lead us on the road of sacrifice,
that in unity the face of Christ
may be clear for all the world to see.***

Keith Getty (b. 1974) and Stuart Townend (b. 1963)

GOSPEL READING Luke 6: 12-28

(Please stand)

Hear the Gospel of our Lord Jesus Christ according to St Luke.

Glory to you, O Lord.

The Twelve Apostles

One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles: Simon (whom he named Peter), his brother Andrew, James, John, Philip, Bartholomew, Matthew, Thomas, James son of Alphaeus, Simon who was called the Zealot, Judas son of James, and Judas Iscariot, who became a traitor.

Blessings and Woes

He went down with them and stood on a level place. A large crowd of his disciples was there and a great number of people from all over Judea, from Jerusalem, and from the coastal region around Tyre and Sidon, who had come to hear him and to be healed of their diseases. Those troubled by impure spirits were cured, and the people all tried to touch him, because power was coming from him and healing them all.

Looking at his disciples, he said:

“Blessed are you who are poor,
for yours is the kingdom of God.

Blessed are you who hunger now,
for you will be satisfied.

Blessed are you who weep now,
for you will laugh.

Blessed are you when people hate you,
when they exclude you and insult you
and reject your name as evil,
because of the Son of Man.

This is the Gospel of the Lord.

Praise to you, O Christ.

TALK - Sam Porter from Lowestoft Food Bank

PRAYERS OF INTERCESSION led by Christine

(Please sit or kneel)

Lord, in your mercy,
Receive our prayer.

At the end:

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

NOTICES AND TIME OF SHARING

THE PEACE

(If you would like to, please stand)

We are the body of Christ,
by one spirit we were all baptised into one body.
Let us pursue all that makes for peace and builds up our common
life.

The peace of the Lord be always with you
and also with you.

Deacon: Let us offer one another a sign of peace.

OFFERTORY HYMN 547 - O Lord of every shining constellation

(During the hymn the bread & wine are brought forward and the altar is prepared)

***1 O Lord of every shining constellation
that wheels in splendour through the midnight sky,
grant us your Spirit's true illumination
to read the secrets of your work on high.***

***2 You, Lord, have made the atom's hidden forces,
your laws its mighty energies fulfil;
teach us, to whom you give such rich resources,
in all we use, to serve your holy will.***

***3 O Life, awaking life in cell and tissue,
from flower to bird, from beast to brain of man;
help us to trace, from birth to final issue,
the sure unfolding of your age-long plan.***

***4 You, Lord, have stamped your image on your creatures,
and, though they mar that image, love them still;
lift up our eyes to Christ, that in his features
we may discern the beauty of your will.***

***5 Great Lord of nature, shaping and renewing,
you made us more than nature's sons to be;
you help us tread, with grace our souls enduing,
the road to life and immortality.***

Albert Frederick Bayly (1901–1984)

With this bread that we bring
we shall remember Jesus.

With this wine that we bring
we shall remember Jesus.

Bread for his body, wine for his blood, gifts from God to his table we
bring.
we shall remember Jesus.

EUCCHARISTIC PRAYER (please sit or kneel)
[The Choir may remain standing]

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise!

Lord of all life,
you created the universe
where all living things reflect your glory.
You give us this great and beautiful earth
to discover and to cherish.

You sent your Son to live among us,
Jesus our Saviour, Mary's child.
He suffered on the cross;
he died to save us from our sins;
he rose in glory from the dead,
and we share his risen life.

You send your Spirit
to bring new life to the world,
and clothe us with power from on high.
And so we join the angels
to celebrate and sing:

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, Hosanna, Hosanna, in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, Hosanna, Hosanna in the highest.***

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this in remembrance of me.



After the meal, Jesus took the cup of wine.
He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood, the new promise of God's unfailing love.
Do this in remembrance of me.



Father, as we bring this bread and wine,
and remember his death and resurrection,

send your Holy Spirit,
that we who share these gifts
may be fed by Christ's body and his blood.

Pour your Spirit on us
that we may love one another,
work for the healing of the earth,
and share the good news of Jesus,
as we wait for his coming in glory.

Great is the mystery of faith.

***Christ has died;
Christ is risen;
Christ will come again.***



THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in
heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation, but deliver us from evil.
For the Kingdom, the power, and the glory are yours
now and forever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**Though we are many, we are one body
because we all share in one bread.**

The Agnus Dei is sung:

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
grant us peace.***

All are welcome to come forward to receive the bread and the wine or a blessing. It is helpful for us if you say your name when you come to the front. The choir will receive Holy Communion first at the High Altar, followed by the rest of the congregation who will receive Holy Communion at the Chancel step.

An anthem is usually sung by the Choir and then a Hymn is also sung during communion (please remain seated)

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Anthem Be thou my vision (Chilcott)

Hymn 144 - How deep the Father's love.

***1 How deep the Father's love for us,
how vast beyond all measure,
that he should give his only Son
to make a wretch his treasure.
How great the pain of searing loss;
the Father turns his face away,
as wounds which mar the chosen One
bring many souls to glory.***

***2 Behold the man upon a cross,
my sin upon his shoulders;
ashamed, I hear my mocking voice
call out among the scoffers.
It was my sin that held him there,
until it was accomplished;
his dying breath has brought me life —
I know that 'it is finished.'***

***3 I will not boast in anything,
no gifts, no power, no wisdom;
but I will boast in Jesus Christ,
his death and resurrection.
Why should I gain from his reward?
I cannot give an answer;
but this I know with all my heart,
his wounds have paid my ransom.***

Stuart Townend (b.1963)

POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

We praise and thank you, O Christ, for this sacred feast:
for here we receive you,
here the memory of your passion is renewed,
here our minds are filled with grace,
and here a pledge of future glory is given,
when we shall feast at that table where you reign
with all your saints for ever.

THANKSGIVING PRAYER

**Father of all, we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

HYMN 715 - Lord, for the years

***1 Lord, for the years
Your love has kept and guided,
Urged and inspired us,
Cheered us on our way,
Sought us and saved us,
Pardoned and provided,
Lord of the years,
We bring our thanks today.***

**2 Lord, for that word,
The word of life which fires us,
Speaks to our hearts
And sets our souls ablaze,
Teaches and trains,
Rebukes us and inspires us,
Lord of the word,
Receive your people's praise.**

**3 Lord, for our land,
In this our generation,
Spirits oppressed by pleasure,
Wealth and care:
For young and old,
For commonwealth and nation,
Lord of our land,
Be pleased to hear our prayer.**

**4 Lord, for our world;
When we disown and doubt him,
Loveless in strength,
And comfortless in pain;
Hungry and helpless,
Lost indeed without him:
Lord of the world,
We pray that Christ may reign.**

**5 Lord, for ourselves;
In living power remake us,
Self on the cross
And Christ upon the throne;
Past put behind us,
For the future take us,
Lord of our lives,
To live for Christ alone.**

Words: © Timothy Dudley-Smith

THE BLESSING

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

or

By the power of the Spirit, we take into our community the peace and love of God.

In the name of Christ. Amen.