

Your guide to this coming week

Monday 9th March

10am Lent Group – Church Centre
NO community cafe
11.30am Midday Prayer (Luke 4: 24–30)
5.30pm Bell Ringing Practice
6pm Cubs – In Church

Tuesday 10th March

Organ being unwrapped - Church
2pm Busy Fingers

Wednesday 11th March

Organ being unwrapped - Church
12pm Midday Prayer (Matthew 5: 17–19)
7pm Lent Group - Rectory

Friday 13th March

12pm Holy Communion – In Church
5-6pm Confirmation Rehearsal in church
6pm Choir Practice – In Church

Sunday 15th March

10am Mothering Sunday Parade Service
4pm Holy Communion – In the Church Centre

Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Bramfield Road – Map no. 94 / Ref. G / H 6-7

Belle View Close – Map no. 126 / Ref. I 9

Broom Road – Map no. 133 / Ref. I 9

Upgrade of Alarm in Office – Tues 10th March

The alarm in the office is being upgraded on Tuesday. Please be aware that after this date you will need a key fob to gain access. This will either be a new fob or access added to your existing key fob.

If you think you will need to have access to the office, please see either Simon or Kathryn Thank you.

Collect (Prayer of the Week)

Eternal God, give us insight
to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord.

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern
10am service is livestreamed. Side aisle seats not in view

Toilet & Baby Changing available in the Centre

CONTACT DETAILS

Rector

Revd. Canon Simon Stokes
simon@stmargaretslowestoft.co.uk
01502 573046 or 07771 520085

Office

01502 561973
office@stmargaretslowestoft.co.uk
Tues & Wed 9am – 3.30pm
Fri 8.30am – 5pm
08.03.26

THURSDAYS ARE SIMON'S DAY OF REST

WELCOME TO

ST . MARGARET'S CHURCH
LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance. Your gift will support mission work & helps towards the upkeep of this beautiful church. Many thanks for your kind gift.

Sunday 8th March 2026 3rd Sunday of Lent

10.00am Sung Eucharist

Mass Setting: Mass of St. Thomas

Presiding: Canon Simon

Preaching: Canon Simon

Deacon: Sue

Reader: Helen S

Reading: Romans 5: 1-11

Gospel: John 4: 5-42

Intercessor: Gerda

Hymns: 2, 598, 629 (i), 429 & 805

Anthem: Author of Life Divine (McDowall)

Refreshments served afterwards in the centre

11.45am Baptism – Ember Steel

4pm Sung Evensong

Leading & Preaching: Canon Simon

Reader: Caroline

Readings: Exodus 17: 1-7 & Romans 5: 1-11

Psalm: 46 (Chant by Luther)

Canticles: Parratt & Lewis

Anthem: Holy Spirit, truth divine (Jones)

Hymns: 682, 451(i) & 628

Sunday 15th March 2026 Mothering Sunday

10am Mothering Sunday Parade Service
(no Eucharist)

4pm Holy Communion (Church Centre)

This week's pew sheet is kindly sponsored by
Pat Burlingham

Cherished memories of husband
Terence John Burlingham "Terry"
Our 65th Wedding Anniversary is 11th March



Readings for Sunday 8th March 2026

New Testament: Romans 5: 1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel: John 4: 5-42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five

husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.' Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

Post Communion Prayer

Merciful Lord,
grant your people grace
to withstand the temptations of the world,
the flesh and the devil,
and with pure hearts and minds to follow you,
the only God; through Jesus Christ our Lord.

Reading for Sunday 8th March

Sung Evensong - Insert

Leading: Canon Simon
Preaching: Canon Simon
Reader: Caroline
Readings: Exodus 17: 1-7
Romans 5: 1-11
Psalm: 46 (Chant by Luther)
Canticles: Parratt & Lewis
Anthem: Holy Spirit, truth divine (Jones)

Hymns: 682, 451(i) & 628

Old Testament: Exodus 17: 1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you



elders of Israel. He called the place Massah and Meribah, because the Israelites

on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the

quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

New Testament: Romans 5: 1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

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