

ST. MARGARET'S CHURCH
LOWESTOFT



Holy Communion for the Easter season



Sunday 17th May
Sunday after the ascension
7th Sunday of Easter

Mass Setting: Thorne

**Deacon Sue
Preacher Gerda
Presiding Rev Jim**

WELCOME & Introduction [please remain seated]

Lord of all life, God of Easter
all living things reflect your glory.
Restore and heal all that is wounded
Roll back the stone of prejudice and fear
Release the signs of spring

Alleluia! Christ is risen.
He is risen indeed. Alleluia!

HYMN 588 - And can it be

***1 And can it be that I should gain
an interest in the Saviour's blood!
Died he for me, who caused his pain!
For me, who him to death pursued?
Amazing love! How can it be
that thou, my God, shouldst die for me?
Amazing love! How can it be
that thou, my God, shouldst die for me?***

***2 'Tis mystery all! the Immortal dies:
Who can explore his strange design?
In vain the firstborn seraph tries
to sound the depths of love divine!
'Tis mercy all! Let earth adore,
let angel minds inquire no more.
'Tis mercy all! Let earth adore,
let angel minds inquire no more.***

**3 He left his Father's throne above
so free, so infinite his grace;
emptied himself of all but love,
and bled for Adam's helpless race;
'tis mercy all, immense and free,
for, O my God, it found out me.
'tis mercy all, immense and free,
for, O my God, it found out me.**

**4 Long my imprisoned spirit lay,
fast bound in sin and nature's night;
thine eye diffused a quickening ray;
I woke, the dungeon flamed with light;
my chains fell off, my heart was free,
I rose, went forth, and followed thee.
my chains fell off, my heart was free,
I rose, went forth, and followed thee.**

**5 No condemnation now I dread;
Jesus, and all in him, is mine;
alive in him, my living Head,
and clothed in righteousness divine,
bold I approach the eternal throne,
and claim the crown, through Christ my own.
bold I approach the eternal throne,
and claim the crown, through Christ my own.**

CHARLES WESLEY (1707-1788)

In the light of the risen son
We worship today

**Faithful one, whose word is life:
come with saving power
to free our praise,
inspire our prayer
and shape our lives
for the kingdom of your Son,
Jesus Christ our Lord. Amen.**

Invitation to CONFESSION

Christ our Passover Lamb has been sacrificed for us.
Let us therefore rejoice by putting away all malice and evil and
confessing our sins with a sincere and true heart.

Confession (*please sit or kneel*)

When we do not live in the joy of the resurrection
but are caught up in the demands of the world

Lord have mercy

Lord have mercy

When there are no signs of spring in our hearts
And we neglect to care for our world

Christ have mercy

Christ have mercy

When we fail to see Christ in friend and stranger
And we fail to see Christ in ourselves

Lord have mercy

Lord have mercy

May the God of love and power forgive us and free us from our sins,
heal and strengthen us by his Spirit and raise us to new life in Christ
our Lord **Amen**.

Please stand to sing the Gloria

**Glory to God, Glory to God, Glory to God in the highest.
Glory to God in the highest and peace to his people on earth,
Lord God, Heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your
glory.**

Glory to God, Glory to God, Glory to God in the highest.

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of
God, you take away the sin of the world: have mercy on us; You
are seated at the right hand of the Father: receive our prayer.
Glory to God, Glory to God, Glory to God in the highest.**

**For you alone are the Holy One, you alone are the Lord, you
alone are the Most High, Jesus Christ, with the Holy Spirit in
the glory of God the Father.**

Glory to God, Glory to God, Glory to God in the highest.

THE COLLECT *(Prayer of the week - found on the pew sheet)*

Risen, ascended Lord,
as we rejoice at your triumph,
fill your Church on earth with power and compassion,
that all who are estranged by sin
may find forgiveness and know your peace,
to the glory of God the Father.

THE LITURGY OF THE WORD (please sit)

All age talk

READING

New Testament: Acts 1: 6-14 Read by Val

When the apostles had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?'

He replied, 'It is not for you to know the times or periods that the Father has set by his own authority.

But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.'

When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.'

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away.

When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James.

All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

For the word of the Lord.

Thanks be to God.

HYMN 700 - King of kings

**1 King of kings, Majesty
God of Heaven living in me
Gentle Saviour, closest friend
Strong Deliverer, beginning and end
All within me falls at Your throne**

**Your Majesty, I can but bow
I lay my all before You now
In royal robes I don't deserve
I live to serve Your Majesty.**

**2 Earth and Heaven worship You
Love eternal, Faithful and True
Who bought the nations, ransomed souls
Brought this sinner near to Your throne
All within me cries out in praise.**

**Your majesty, I can but bow
I lay my all before You now
In royal robes I don't deserve
I live to serve Your Majesty
I live to serve Your Majesty.**

JARROD COOPER

Please remain standing for the **GOSPEL READING:**

John 17: 1-11

Jesus is risen from the dead

Alleluia!

He has defeated death

Alleluia!

Jesus turns our sorrow into dancing

Alleluia!

He has the words of eternal life.

Alleluia!

Hear the Gospel of our Lord Jesus Christ according to St John.

Glory to you, O Lord.

Jesus looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. 'I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them.

And now I am no longer in the world, but they are in the world, and I am coming to you.

Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON Gerda

We stand to affirm our Faith

Do you believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

We believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature,
died for us and rose again?

We believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

We believe and trust in him.

This is the faith of the Church.

This is our faith.

**We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

PRAYERS OF INTERCESSION – led by Kathryn

Please sit or kneel

These responses may be used

Risen Christ Jesus

Open the tombs of our hearts

at the end

God of the Easter faith

**accept these prayers for the sake of your Son, our Saviour
Jesus Christ. Amen.**

Notices and time of sharing

THE PEACE *(please stand)*

The risen Christ came and stood among his disciples and said,
'Peace be with you.'

Then were they glad when they saw the Lord. Alleluia.

The peace of the risen Christ be always with you

And also with you. Alleluia.

Let us offer one another a sign of peace.

OFFERTORY HYMN 228 - Hail the day that sees him rise

(During the hymn the bread & wine are brought forward and the altar is prepared. The collection is also offered at the Altar]

***1 Hail the day that sees him rise, Alleluia!
to his throne above the skies. Alleluia!
Christ, the Lamb for sinners given, Alleluia!
enters now the highest heaven. Alleluia!***

***2 There for him high triumph waits; Alleluia!
lift your heads, eternal gates. Alleluia!
He hath conquered death and sin; Alleluia!
take the King of glory in. Alleluia!***

***3 Lo, the heaven its Lord receives; Alleluia!
yet he loves the earth he leaves. Alleluia!
Though returning to his throne, Alleluia!
Still he calls mankind his own. Alleluia!***

***4 See, he lifts his hands above; Alleluia!
see, he shows the prints of love; Alleluia!
hark, his gracious lips bestow, Alleluia!
blessings on his Church below. Alleluia!***

***5 Still for us he intercedes; Alleluia!
his prevailing death he pleads, Alleluia!
near himself prepares our place, Alleluia!
he the first fruits of our race. Alleluia!***

***6 Lord, though parted from our sight, Alleluia!
far above the starry height, Alleluia!
grant our hearts may thither rise, Alleluia!
seeking thee above the skies. Alleluia!***

CHARLES WESLEY (1707 – 1788)
THOMAS COTTERILL (1779 – 1823) and others

Risen Lord Jesus Christ, we believe you, and all we have heard is true.

When you break bread

**May we recognise you as the fire that burns within us
that we may bring light to your world. Amen**

EUCCHARISTIC PRAYER

[Please sit or kneel - The choir may remain standing]

*The Lord be with you
and also with you*

*Lift up your hearts.
We lift them to the Lord.*

*Let us give thanks to the Lord our God.
It is right to give thanks and praise.*

We praise you for Jesus Christ,
risen to life, eternal as your love.
With the women at the tomb,
we raise the strain of gladness.

Lord of all life,
you created the universe,
where all living things reflect your glory.
You give us this great and beautiful earth,
to discover and to cherish.

You sent your Son to live among us,
Jesus our Saviour, Mary's child.
He suffered on the cross;
he died to save us from our sins;
he rose in glory from the dead,
and we share his risen life.

You send your Spirit
to bring new life to the world,
and clothe us with power from on high.

And now we give you thanks that
The day of resurrection has come,
scattering fear and gloom.
And so we rejoice with all your people of every time and place,
and with angels and archangels,
to proclaim the glory of your name

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, Hosanna, Hosanna, in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, Hosanna, Hosanna, in the highest.***

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread, and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this in remembrance of me.



After the meal, Jesus took the cup of wine.

He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood,
the new promise of God's unfailing love.
Do this in remembrance of me.



Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Father, as we bring this bread and wine,
and remember his death and resurrection,
send your Holy Spirit,
that we who share these gifts
may be fed by Christ's body and his blood.

Pour your Spirit on us
that we may love one another,
work for the healing of the earth,
and share the good news of Jesus,
as we wait for his coming in glory,
for ever and ever praising you and singing

***Blessing and honour and glory and power
be yours for ever and ever.***

Amen.



The Lord's Prayer

Rejoicing in God's new creation, as our Saviour taught us, so we pray

Our Father in heaven

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

For the Kingdom, the power, and the glory are yours

now and forever.

Amen.

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ

Though we are many, we are one body

Because we all share in one bread.

The Agnus Dei

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
grant us peace.***

Come to this table, because Jesus loved you
and gave himself for you.
Come and meet the risen Christ,
for we are his Body.

All are welcome to come forward to receive the bread and the wine or a blessing. It is helpful for us if you say your name when you come to the front. The choir will receive Holy Communion first at the High Altar, followed by the rest of the congregation who will receive Holy Communion at the Chancel step.

An anthem is usually sung by the Choir and then a Hymn is also sung during communion (please remain seated)

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Anthem Be still for the presence of the Lord (Evans)

HYMN: 592 - As the deer

**1 As the deer pants for the water,
So my soul longs after you.
You alone are my heart's desire
And I long to worship you.**

***You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.***

**2 I want you more than gold or silver,
Only you can satisfy.
You alone are the real joy-giver
And the apple of my eye.**

***You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.***

**3 You're my friend and you're my brother,
Even though you are a king.
I love you more than any other,
So much more than anything.**

Martin Nystrom b. 1956

POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Eternal God, giver of love and power,
your Son Jesus Christ has sent us into all the world
to preach the gospel of his kingdom:
confirm us in this mission,
and help us to live the good news we proclaim;
through Jesus Christ our Lord.

THANKSGIVING PRAYER

Thank you, O Christ, for this feast of life.

**We are fed by your love,
we are strengthened by your life.**

**We are sent forth into this world
to live your way and share your joy.**

**We are now commissioned to:
feed as we have been fed,
forgive as we have been forgiven,
love as we have been loved.**

Thanks be to God.

Amen.

HYMN 612 - Christ triumphant

**1 Christ triumphant, ever reigning,
Saviour, Master, King!
Lord of heaven, our lives sustaining,
hear us as we sing:
Yours the glory and the crown,
the high renown, the eternal name.**

**2 Word incarnate, truth revealing,
Son of Man on earth!
power and majesty concealing
by your humble birth:
Yours the glory and the crown,
the high renown, the eternal name.**

**3 Suffering servant, scorned, ill-treated,
victim crucified!
death is through the cross defeated,
sinners justified:
Yours the glory and the crown,
the high renown, the eternal name.**

**4 Priestly king, enthroned for ever
high in heaven above!
sin and death and hell shall never
stifle hymns of love:
Yours the glory and the crown,
the high renown, the eternal name.**

**5 So, our hearts and voices raising
through the ages long,
ceaselessly upon you gazing,
this shall be our song:
Yours the glory and the crown,
the high renown, the eternal name.**

Michael Seward (1932–2015)

Alleluia! Christ is risen!

He is risen indeed Alleluia!

THE BLESSING

The God of peace,
Who brought again from the dead our Lord Jesus,
That great shepherd of the sheep,
Through the blood of the eternal covenant,
Make us perfect in every good work to do his will,
Working in us that which is well-pleasing in his sight;
And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be upon you and remain with you,
be upon those you love, pray for and care for
now and for evermore.

Amen.

Go in peace to love and serve the Lord
Alleluia, Alleluia

**In the name of Christ
Alleluia, Alleluia**

