

ST. MARGARET'S CHURCH  
LOWESTOFT



# Service of Holy Communion

## Trinity Season Service One



**Sunday 31<sup>st</sup> May**  
**Trinity Sunday**

Mass Setting: St. Thomas (D. Thorne)

**Deacon Gill  
Preacher Sarah  
Presiding Canon Simon**

**WELCOME & Introduction [please remain seated]**

We meet in the presence of God  
who knows our needs, feels our pain, and shares our joy.  
This is the day that the Lord has made.  
**We will rejoice and be glad in it.**

**HYMN 702 - Lead us, heavenly Father, lead us**

***1 Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.***

***2 Saviour, breathe forgiveness o'er us;  
all our weakness thou dost know;  
thou didst tread this earth before us;  
thou didst feel its keenest woe;  
lone and dreary, faint and weary  
through the desert thou didst go.***

***3 Spirit of our God, descending,  
fill our hearts with heavenly joy;  
love with every passion blending  
pleasure that can never cloy;  
thus provided, pardoned, guided,  
nothing can our peace destroy.***

JAMES EDMESTON (1792-1867)

## Prayers of Penitence

*We are invited to confess what we have done wrong using these words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Therefore let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

### *Confession (please sit or kneel)*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord. **Amen.**

## THE GLORIA

*(If you are able, please stand to sing the Gloria)*

***Glory to God, Glory to God, Glory to God in the highest.  
Glory to God in the Highest and peace to his people on earth,  
Lord God, Heavenly King, Almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Glory to God, Glory to God, Glory to God in the highest.***

***Lord Jesus Christ, only son of the Father. Lord God, Lamb of  
God, you take away the sin of the world: have mercy on us;  
You are seated at the right hand of the Father: receive our prayer.***

***Glory to God, Glory to God, Glory to God in the highest.  
For you alone are the Holy one, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Glory to God, Glory to God, Glory to God in the highest.***

## THE COLLECT *(Prayer of the week - found on the pew sheet)*

Holy God,  
faithful and unchanging:  
enlarge our minds with the knowledge of your truth,  
and draw us more deeply into the mystery of your love,  
that we may truly worship you,  
Father, Son and Holy Spirit,  
one God, now and for ever.

## THE LITURGY OF THE WORD

*(Please sit)*

all age talk

### BIBLE READING

**New Testament: 2 Corinthians 13: 11-end**  
**Read by Delphine**

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

For the word of the Lord.

**Thanks be to God.**

## **HYMN 628 - Father of heaven**

***1 Father of heaven, whose love profound  
a ransom for our souls hath found,  
before thy throne we sinners bend,  
to us thy pardoning love extend.***

***2 Almighty Son, incarnate Word,  
our Prophet, Priest, Redeemer, Lord,  
before thy throne we sinners bend,  
to us thy saving grace extend.***

***3 Eternal Spirit, by whose breath  
the soul is raised from sin and death,  
before thy throne we sinners bend,  
to us thy quickening power extend.***

***4 Thrice Holy! Father, Spirit, Son;  
mysterious Godhead, Three in One,  
before thy throne we sinners bend,  
grace, pardon, life to us extend.***

Edward Cooper (1770–1833)

## GOSPEL READING

*(Please remain standing)*

### **Matthew 28: 16-end**

Alleluia, alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit,  
one God, who was, and who is, and who is to come, the Almighty.

**Alleluia!**

Hear the Gospel of our Lord Jesus Christ according to St Matthew.

***Glory to you, O Lord.***

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

This is the Gospel of the Lord.

***Praise to you, O Christ.***

## SERMON - Sarah

### AFFIRMATION OF FAITH

*(If you would like to, please stand as we affirm our faith)*

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

**PRAYERS OF INTERCESSION** Led by Rev Jim  
*(Please sit or kneel)*

Lord, in your mercy,  
**Receive our prayer.**

*At the end:*

Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

**CALLING OF BANNS OF MARRIAGE,  
NOTICES AND TIME OF SHARING**

**THE PEACE**

*(If you would like to, please stand)*

We are the body of Christ,  
by one spirit we were all baptised into one body.  
Let us pursue all that makes for peace and builds up our common  
life.

The peace of the Lord be always with you  
**and also with you.**

**Deacon:** Let us offer one another a sign of peace.

## **OFFERTORY HYMN 663 - How shall I sing that majesty**

(During the hymn the bread & wine are brought forward and the altar is prepared)

**1 How shall I sing that majesty  
which angels do admire?  
Let dust in dust and silence lie;  
sing, sing, ye heavenly choir.  
Thousands of thousands stand around  
thy throne, O God most high;  
ten thousand times ten thousand sound  
thy praise; but who am I?**

**2 Thy brightness unto them appears,  
whilst I thy footsteps trace;  
a sound of God comes to my ears,  
but they behold thy face.  
They sing, because thou art their Sun;  
Lord, send a beam on me;  
for where heaven is but once begun  
there alleluias be.**

**3 Enlighten with faith's light my heart,  
in flame it with love's fire;  
then shall I sing and bear a part  
with that celestial choir.  
I shall, I fear, be dark and cold,  
with all my fire and light;  
yet when thou dost accept their gold,  
Lord, treasure up my mite.**

**4 How great a being, Lord, is thine,  
which doth all beings keep!  
Thy knowledge is the only line  
to sound so vast a deep.  
Thou art a sea without a shore,  
a sun without a sphere;  
thy time is now and evermore,  
thy place is everywhere.**

John Mason (c.1645–1694)\*

With this bread that we bring  
**we shall remember Jesus.**

With this wine that we bring  
**we shall remember Jesus.**

Bread for his body, wine for his blood, gifts from God to his table we  
bring.  
**we shall remember Jesus.**

**EUCCHARISTIC PRAYER (please sit or kneel)**  
**[The Choir may remain standing]**

The Lord be with you  
***and also with you***

*Lift up your hearts.*  
***We lift them to the Lord.***

*Let us give thanks to the Lord our God.*  
***It is right to give thanks and praise!***

Lord of all life,  
you created the universe  
where all living things reflect your glory.  
You give us this great and beautiful earth  
to discover and to cherish.

You sent your Son to live among us,  
Jesus our Saviour, Mary's child.  
He suffered on the cross;  
he died to save us from our sins;  
he rose in glory from the dead,  
and we share his risen life.

You send your Spirit  
to bring new life to the world,  
and clothe us with power from on high.  
And so we join the angels  
to celebrate and sing:

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna, Hosanna, Hosanna, in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna, Hosanna, Hosanna in the highest.***

Father, on the night before he died,  
Jesus shared a meal with his friends.  
He took the bread and thanked you.  
He broke it, and gave it to them, saying:  
Take and eat; this is my body, given for you.  
Do this in remembrance of me.



After the meal, Jesus took the cup of wine.  
He thanked you, and gave it to them, saying:  
Drink this, all of you.  
This is my blood, the new promise of God's unfailing love.  
Do this in remembrance of me.



Father, as we bring this bread and wine,  
and remember his death and resurrection,  
send your Holy Spirit,  
that we who share these gifts  
may be fed by Christ's body and his blood.

Pour your Spirit on us  
that we may love one another,  
work for the healing of the earth,  
and share the good news of Jesus,  
as we wait for his coming in glory.

Great is the mystery of faith.

***Christ has died;***  
***Christ is risen;***  
***Christ will come again.***



## THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins, as we forgive those who sin against us.**

**Lead us not into temptation, but deliver us from evil.**

**For the Kingdom, the power, and the glory are yours  
now and forever. Amen.**

## BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**Though we are many, we are one body**

**because we all share in one bread.**

The Agnus Dei is sung:

***Lamb of God, you take away the sin of the world,  
have mercy on us.***

***Lamb of God, you take away the sin of the world,  
have mercy on us.***

***Lamb of God, you take away the sin of the world,  
grant us peace.***

All are welcome to come forward to receive the bread and the wine or a blessing. It is helpful for us if you say your name when you come to the front. The choir will receive Holy Communion first at the High Altar, followed by the rest of the congregation who will receive Holy Communion at the Chancel step.

An anthem is usually sung by the Choir and then a Hymn is also sung during communion (please remain seated)

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

**Anthem God so loved the world (Stainer)**

**HYMN 727 - May the mind of Christ my Saviour**

**1 *May the mind of Christ my Saviour  
Live in me from day to day,  
By his love and power controlling  
All I do or say.***

**2 *May the word of God dwell richly  
In my heart from hour to hour,  
So that all may see I triumph  
Only through his power.***

**3 *May the peace of God my Father  
Rule my life in everything,  
That I may be calm to comfort  
Sick and sorrowing.***

**4 *May the love of Jesus fill me,  
as the waters fill the sea;  
him exalting, self abasing  
this is victory.***

**5 *May I run the race before me,  
Strong and brave to face the foe,  
Looking only unto Jesus  
As I onward go.***

KATIE BARCLAY WILKINSON (1859-1928)

## POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Almighty and eternal God,  
you have revealed yourself as Father, Son and Holy Spirit,  
and live and reign in the perfect unity of love:  
hold us firm in this faith,  
that we may know you in all your ways  
and evermore rejoice in your eternal glory,  
who are three Persons yet one God,  
now and for ever.

## THANKSGIVING PRAYER

**Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

**HYMN 276 - Holy, holy, holy! Lord God Almighty!**

***1 Holy, holy, holy! Lord God Almighty!  
early in the morning our song shall rise to thee;  
holy, holy, holy! merciful and mighty!  
God in three persons, blessed Trinity!***

***2 Holy, holy, holy! all the saints adore thee,  
casting down their golden crowns around the glassy sea;  
cherubim and seraphim falling down before thee,  
which wert and art and evermore shalt be.***

***3 Holy, holy, holy! though the darkness hide thee,  
though the eye of sinful man thy glory may not see,  
only thou art holy, there is none beside thee  
perfect in power, in love, and purity.***

***4 Holy, holy, holy! Lord God Almighty!  
all thy works shall praise thy name in earth and sky and sea;  
holy, holy, holy! merciful and mighty!  
God in three persons, blessed Trinity!***

Reginald Heber (1783–1826)

## THE BLESSING

May the Lord bless you and keep you.  
May the Lord make his face shine upon  
you and be gracious to you.  
May the Lord lift up his countenance  
upon you and give you peace.



And the blessing of God almighty, the  
Father, the Son, and the Holy Spirit, be upon you and remain with  
you, be upon those you love,  
pray for and care for now and for evermore. **Amen.**

## THE DISMISSAL

Go in peace to love and serve the Lord.  
***In the name of Christ. Amen.***

*or*

By the power of the Spirit, we take into our community the peace  
and love of God.  
***In the name of Christ. Amen.***

