

## Your guide to this coming week

### Monday 22<sup>nd</sup> June

10am Bible Study  
11am – 4pm Community Friendship Café  
11.30am Midday Prayer (Matthew 7: 1-5)  
5.30pm Bell Ringing Practice

### Tuesday 23<sup>rd</sup> June

2pm Busy Fingers

### Wednesday 24<sup>th</sup> June

9.45am-11am Visiting Bell Ringers  
11am Burial of Ashes – Sybil McLean  
12pm Midday Prayer (Luke 1: 57-66, 80)

### Friday 26<sup>th</sup> June

12pm Holy Communion  
12.30 – 4pm Open Church  
1.15pm Coffee Concert – The Tootie Flooties'  
6pm Choir Practice

### Sunday 28<sup>th</sup> June

10am Sung Eucharist, followed by a Shared Lunch  
2pm Fellowship Walk  
6pm Sung Evensong

## St. Margaret's Coffee Concerts



PLEASE JOIN US AND ENJOY LISTENING TO:

### The Tootie Flooties' Recorder Ensemble

FREE ENTRY - DONATIONS WELCOMED ON THE DAY

## Shared Lunch - Sunday 28<sup>th</sup> June (after the morning service)

Join us for a shared lunch to mark the retirement of Gerda, Jim & Pauline from their ministry

If you would like to join us, please add your name to the list at the back of church along with the food you would like to contribute. Many thanks.

## Fellowship Walk – Sun 28<sup>th</sup> June at 2pm

A circular walk from the Church Centre to Sparrows Nest, via the old railway line, Gunton Cliff, Links Hill onto the sea wall and along

### SAFEGUARDING

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern

**Our Safeguarding Officer is Zoe Parle**

10am service is livestreamed - Side aisles not in view

**NB: The taking of photos is only permitted with the express permission of the clergy and individuals concerned**

Toilet & Baby Changing available in the Centre

### CONTACT DETAILS

#### Rector

Revd. Canon Simon Stokes  
simon@stmargaretslowestoft.co.uk  
01502 573046 or 07771 520085

office@stmargaretslowestoft.co.uk  
Tues & Wed 9am – 3.30pm

THURSDAYS ARE SIMON'S DAY OF REST

#### Office

01502 561973  
Fri 8.30am – 5pm  
21.06.26

WELCOME TO

ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance.

Many thanks for your kind gift.

## Sunday 21<sup>st</sup> June 2026 3<sup>rd</sup> Sunday after Trinity

### 10am Sung Eucharist

Presiding: Canon Simon  
Preaching: Canon Simon  
Deacon: Gerda  
Reader: Gill  
Reading: Romans 6: 1b-11  
Gospel: Matthew 10: 24-39  
Intercessor: Captain John  
Hymns: 700, 639, 702, 455 & 477  
Anthem: Author of life divine (McDowall)



SCAN FOR SERVICE BOOKLET

Refreshments served afterwards in the Centre

### 6pm Holy Communion - Church Centre

Presiding: Canon Simon  
Preaching: Canon Simon  
Reader: Kay  
Reading: Matthew 10: 24-39  
Hymns: 193, 775, 678, 442 & 638

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## Sunday 28<sup>th</sup> June 2026 4<sup>th</sup> Sunday after Trinity

10am Sung Eucharist  
(Followed by a Shared Lunch)  
6pm Sung Evensong

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## Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Gorleston Road – Map no. 7 / Ref. A / L 4-5

Grassmere Drive – Map no. 14 / Ref. D 6

Glemsford Road – Map no. 25 / Ref. E 4

## Readings for Sunday 21<sup>st</sup> June 2026

### Old Testament: Jeremiah 20: 7-13

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me.

For whenever I speak, I must cry out, I must shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.' But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten.

O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

### New Testament: Romans 6: 1b-11

What then are we to say? Should we continue in sin in order that grace may abound?

By no means! How can we who died to sin go on living in it?

Do you not know that all of us who have been baptised into Christ Jesus were baptised into his death?

Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his.

We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

## Gospel: Matthew 10: 24-39

'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! 'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven. 'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

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### Collect (Prayer of the Week)

God our saviour,  
look on this wounded world  
in pity and in power;  
hold us fast to your promises of peace  
won for us by your Son,  
our Saviour Jesus Christ.

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### Post Communion Prayer

O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
and shield us from knowing more than we can  
bear until we may look upon you without fear;  
through Jesus Christ our Saviour.