

## Your guide to this coming week

### Monday 29<sup>th</sup> June

10am Bible Study  
11am – 4pm Community Friendship Café  
11.30am Midday Prayer (Matthew 16: 13-19)  
5.30pm Bell Ringing Practice

### Tuesday 30<sup>th</sup> June

2pm Busy Fingers

### Wednesday 1<sup>st</sup> July

12pm Midday Prayer (Matthew 8: 28-end)  
7pm P.C.C. in the small hall

### Friday 3<sup>rd</sup> July

12pm Holy Communion  
12.30 – 4pm Open Church  
6pm Choir Practice

### Saturday 4<sup>th</sup> July

4pm Wedding Blessing – Debbie & John

### Sunday 5<sup>th</sup> July

10am Sung Eucharist

WELCOME TO

ST. MARGARET'S CHURCH  
LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance.

Many thanks for your kind gift.

## Sunday 28<sup>th</sup> June 2026 4<sup>th</sup> Sunday after Trinity

### 10am Sung Eucharist

Presiding: Canon Simon  
Preaching: Gerda  
Deacon: Gill  
Reading: Romans 6: 12-end  
Gospel: Matthew 10: 40-end  
Intercessor: Sue  
Hymns: 563, 258, 489, 249 & 579  
Anthem: Irish Blessing (Chilcott)



SCAN FOR  
SERVICE  
BOOKLET

Refreshments served afterwards in the Centre

Shared lunch in the Church Centre, following the service & refreshments, celebrating the ministry of Gerda, Rev Jim & Rev Pauline

### 6pm Sung Evensong

Leading: Sarah  
Preaching: Sarah  
Reader: Ruth  
Readings: Jeremiah 28: 5-9  
Romans 6: 12-end  
Hymns: 390, 621 & 546  
Psalm: 53 (Chant by Stewart)  
Canticles: Garrett & Ouseley  
Anthem: Teach me, O Lord (Attwood)

\*\*\*

## Sunday 5<sup>th</sup> July 2026 5<sup>th</sup> Sunday after Trinity

10am Sung Eucharist

\*\*\*

### St. Margaret's Coffee Concerts



PLEASE JOIN US AND ENJOY LISTENING TO:

Friday 10<sup>th</sup> July at 1.15pm

Evan Ruth (Tenor)

&

Friday 24<sup>th</sup> July at 1.15pm

Jonathan Williams (Organ & Piano)

FREE ENTRY - DONATIONS WELCOMED ON THE DAY

### Fellowship Walks

Today - Sun 28<sup>th</sup> June at 2pm

A circular walk from the Church Centre to Sparrows Nest, via the old railway line, Gunton Cliff, Links Hill onto the sea wall and along

Sun 26<sup>th</sup> July at 2pm

A circular Walk from the Church Centre to the Wherry Hotel via the old railway line footpath, Normanston Park and Lake Lothing. Please note this walk involves crossing the railway bridge and uneven surfaces near Lake Lothing

### SAFEGUARDING

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern

**Our Safeguarding Officer is Zoe Parle**

10am service is livestreamed - Side aisles not in view

**NB: The taking of photos is only permitted with the express permission of the clergy and individuals concerned**

Toilet & Baby Changing available in the Centre

### CONTACT DETAILS

#### Rector

Revd. Canon Simon Stokes  
simon@stmargaretslowestoft.co.uk  
01502 573046 or 07771 520085

THURSDAYS ARE SIMON'S DAY OF REST

#### Office

01502 561973  
office@stmargaretslowestoft.co.uk  
Tues & Wed 9am – 3.30pm  
Fri 8.30am – 5pm

28.06.26

## Readings for Sunday 28<sup>th</sup> June 2026

### Old Testament: Jeremiah 28: 5-9

Then the prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; and the prophet Jeremiah said, 'Amen! May the Lord do so; may the Lord fulfil the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet.'

### New Testament: Romans 6: 12-end

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

### Gospel: Matthew 10: 40-end

'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple - truly I tell you, none of these will lose their reward.'

\*\*\*

### Collect (Prayer of the Week)

Gracious Father,  
by the obedience of Jesus  
you brought salvation to our wayward world:  
draw us into harmony with your will,  
that we may find all things restored in him,  
our Saviour Jesus Christ.

\*\*\*

### Post Communion Prayer

Eternal God,  
comfort of the afflicted and healer of the broken,  
you have fed us at the table of life and hope:  
teach us the ways of gentleness and peace,  
that all the world may acknowledge  
the kingdom of your Son Jesus Christ our Lord.

\*\*\*

### Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

**Gloucester Avenue – Map no. 55 / Ref. F 4-5**

**Garden Villas – Map no. 80 / Ref. G 13**

**Greenacre Crescent – Map no. 108 / Ref. I 7-8**