

Your guide to this coming week

Monday 6th July

10am Bible Study
11am – 4pm Community Friendship Café
11.30am Midday Prayer (Matthew 9: 18-26)
5.30pm Bell Ringing Practice

Tuesday 7th July

2pm Busy Fingers

Wednesday 8th July

12pm Midday Prayer (Matthew 10: 1-7)

Friday 10th July

12pm Holy Communion
12.30 – 4pm Open Church
1.15pm Coffee Concert – Evan Ruth (Tenor)
6pm Choir Practice

Sunday 12th July

10am Sung Eucharist
4.45pm Baptism
6pm Choral Evensong

St. Margaret's Coffee Concerts



PLEASE JOIN US AND ENJOY LISTENING TO:

Friday 10th July at 1.15pm

Evan Ruth (Tenor)
Jonathan Rutherford (Piano)

Friday 24th July at 1.15pm

Jonathan Williams (Organ & Piano)

FREE ENTRY - DONATIONS WELCOMED ON THE DAY

Fellowship Walk

Sun 26th July at 2pm

A circular Walk from the Church Centre to the Wherry Hotel via the old railway line footpath, Normanston Park and Lake Lothing. Please note this walk involves crossing the railway bridge and uneven surfaces near Lake Lothing

SAFEGUARDING

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern

Our Safeguarding Officer is Zoe Parle

10am service is livestreamed - Side aisles not in view

NB: The taking of photos is only permitted with the express permission of the clergy and individuals concerned

Toilet & Baby Changing available in the Centre

CONTACT DETAILS

Rector

Revd. Canon Simon Stokes
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01502 573046 or 07771 520085

Office

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Tues & Wed 9am – 3.30pm
Fri 8.30am – 5pm

THURSDAYS ARE SIMON'S DAY OF REST

05.07.26

ST . MARGARET'S CHURCH
LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance.
Many thanks for your kind gift.

Sunday 5th July 2026 5th Sunday after Trinity

10am Sung Eucharist

Presiding: Canon Simon
Preaching: Canon Simon
Reader: Young People
Reading: Romans 7: 15-25a
Gospel: Matthew 11: 16-19, 25-end
Intercessor: Young People
Hymns: 736, 144, 667, 592 & 650
Anthem: Loving Shepherd of thy Sheep (Ledger)



SCAN FOR
SERVICE
BOOKLET

Refreshments served afterwards in the Centre

11.45am Baptism of Rosalie & Evan

Sunday 12th July 2026

Sea Sunday

10am Sung Eucharist
4.45pm Baptism
6pm Choral Evensong

Collect (Prayer of the Week)

Almighty God,
send down upon your Church
the riches of your Spirit,
and kindle in all who minister the gospel
your countless gifts of grace;
through Jesus Christ our Lord. Amen.

Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Holton Avenue – Map no. 26 / Ref. D / E 5
Holbrook Road – Map no. 45 / Ref. E 5
Hilltop Green – Map no. 52 / Ref. F 7-8

Readings for Sunday 5th July 2026

Old Testament: Zechariah 9: 9-12

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the warhorse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

New Testament: Romans 7: 15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Gospel: Matthew 11: 16-19, 25-end

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have

hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

Post Communion Prayer

Grant, O Lord, we beseech you,
that the course of this world may be
so peaceably ordered by your governance,
that your Church may joyfully serve you
in all godly quietness;
through Jesus Christ our Lord.



This week's pew sheet is kindly sponsored by
Rachel McDonough

IN MEMORY OF MY MUM, BRENDA
ON THE 20TH ANNIVERSARY OF HER PASSING
ON 3RD JULY



This week's pew sheet is also kindly sponsored
by Sheila Hancock

Remembering David on our
Wedding Anniversary - 7th July 1962



Also for Christine & Simon
on their special day