

Your guide to this coming week

Monday 20th July

No Community Friendship Café – Café returns 7th September
11.30am Midday Prayer (Matthew 12: 38-42)
5.30pm Bell Ringing Practice

Wednesday 22nd July

12pm Midday Prayer (John 20: 1-2, 11-18)

Friday 24th July

12pm Holy Communion
12.30 – 4pm Open Church
1.15pm Coffee Concert – Jonathan Williams (Organ & Piano)
NO Choir Practice

Sunday 26th July

10am Sung Eucharist
11.45am Baptism of Lyra-Rae
2pm Fellowship Walk (Meeting at Church Centre)
6pm Sung Evensong

FISH (Food in School Holidays)

We are offering breakfast on
Mon 3rd, 10th, 17th & 24th August 9am – 11am
If you would like to help, please speak with Simon

Coffee Afternoon – Mon 17th August 2pm – 4pm in the Church Centre

In aid of Dementia UK

Support us while you shop!

Just to remind everyone that we're still registered with 'Easyfundraising'. So when you shop online you could be raising money for the church, with your favourite retailers donating to us every time you shop with them. **If you're not already signed up it's really easy to join & completely free! Scan the QR code above or visit our website www.stmargaretslowestoft.co.uk & click 'Support our Mission' on our homepage. Many thanks!**



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SAFEGUARDING

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern

Our Safeguarding Officer is Zoe Parle

10am service is livestreamed - Side aisles not in view

NB: The taking of photos is only permitted with the express permission of the clergy and individuals concerned

Toilet & Baby Changing available in the Centre

CONTACT DETAILS

Rector

Rev'd. Canon Simon Stokes
simon@stmargaretslowestoft.co.uk
01502 573046 or 07771 520085

THURSDAYS ARE SIMON'S DAY OF REST

Office

01502 561973
office@stmargaretslowestoft.co.uk
Tues & Wed 9am – 3.30pm
Fri 8.30am – 5pm

19.07.26

ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance.
Many thanks for your kind gift.

Sunday 19th July 2026

Patronal Festival

Welcoming the Venerable Martin Gray

10am

Sung Eucharist

Presiding: Canon Simon
Preaching: The Venerable Martin Gray
Deacon: Rachel
Reader: Kathryn
Reading: Romans 8: 12-25
Gospel: Matthew 13: 24-30, 36-43
Intercessor: Sarah
Hymns: 238, 676, 628, 249 & 700
Anthem: Be thou my vision (Chilcott)



SCAN FOR
SERVICE
BOOKLET

Refreshments served afterwards in the Centre

12pm

Baptism of Arliya & Amayah

6pm

Holy Communion (Church Centre)

Presiding: Canon Simon
Preaching: Canon Simon
Reader: Gerda
Reading: Matthew 13: 24-30, 36-43
Hymns: 713, 621, 639, 442 & 721

Sunday 26th July 2026

8th Sunday after Trinity

10am

Sung Eucharist

11.45am

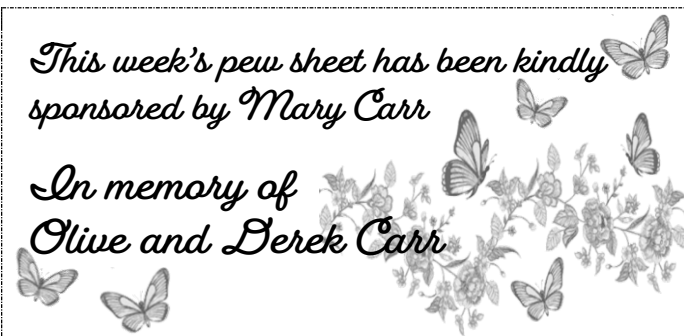
Baptism of Lyra-Rae

6pm

Sung Evensong

*This week's pew sheet has been kindly
sponsored by Mary Carr*

*In memory of
Olive and Derek Carr*



Readings for Sunday 19th July 2026

New Testament: Romans 8: 12-25

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh - for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ - if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Gospel: Matthew 13: 24-30, 36-43

Jesus put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'" Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered,

'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

Collect

Almighty God,
who strengthened your holy martyr
Margaret of Antioch to confess
the name of Christ
and to overcome the powers of darkness:
grant that, upheld by your grace,
we may stand firm in faith,
resist all that would draw us from you,
and bear witness to your victory in our lives;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and forever. Amen.

Post Communion Prayer

Lord God, whose Son is the true vine
and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup, we may share his glory
and be made perfect in his love;
for he is alive and reigns, now and for ever.

Songs of Praise Services

Sunday Evenings - 9th, 16th & 23rd August

4pm Praise Service, followed by Tea & Cake

*During August the evening services will be informal
Songs of Praise Services (Outside-weather permitting)
Please let Simon know any favourite hymns requests*

Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Highgrove Close – Map no. 103 / Ref. H / I 6

Highgrove Close Residential Map no.104 / Ref. I 6

Harps Close Road – Map no. 115 / Ref. H 8