

ST. MARGARET'S CHURCH
LOWESTOFT



Service of Holy Communion

(Alternative Service)



Sunday 9th August
Week 3

Summer Sermon Series on the Beatitudes



WELCOME & Introduction (please remain seated)

Presiding & preaching Canon Simon

“Blessed are the meek, for they will inherit the earth.”

Theme: *Meekness is strength surrendered to God, not weakness or passivity.*

The Lord be with you
And also with you.

HYMN 775 Seek ye first

***1 Seek ye first the kingdom of God,
and his righteousness,
and all these things shall be added unto you;
Allelu-, alleluia:
Alleluia, alleluia, alleluia, allelu-, alleluia!***

***2 Ask, and it shall be given unto you;
seek and ye shall find;
knock, and the door shall be opened unto you;
Allelu-, alleluia:
Alleluia, alleluia, alleluia, allelu-, alleluia!***

***3 We shall not live by bread alone,
but by every word
that proceeds from the mouth of the Lord;
Allelu-, alleluia:
Alleluia, alleluia, alleluia, allelu-, alleluia!***

Karen Lafferty (b.1948)

Prayers of Penitence

We come to God from whom no secrets are hidden,
and ask for forgiveness and peace.
Therefore, let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Confession (please sit or kneel)

Father, you come to meet us when we return to you:

Restore us when we are lost.

Lord, have mercy.

Lord, have mercy.

Jesus, you died on the cross for our sins:

Forgive us when our lives don't reflect your love.

Christ, have mercy.

Christ, have mercy.

Spirit, you give us life and peace:

Free us from the turmoil of our hearts.

Lord, have mercy.

Lord, have mercy.

Almighty God, who forgives all who truly repent,

have mercy upon us,

pardon and deliver us from all our sins,

confirm and strengthen us in all goodness,

and keep us in life eternal;

through Jesus Christ our Lord.

Amen.

THE PERUVIAN GLORIA (please stand)

This may be omitted or another version used

Glory to God, glory to God, glory to the Father!

Glory to God, glory to God, glory to the Father!

To Him be glory for ever!

To Him be glory for ever!

Alleluia. Amen.

Alleluia. Amen. Alleluia. Amen. Alleluia. Amen.

Glory to God, Glory to God, Glory to Christ Jesus...

Glory to God, Glory to God, Glory to Christ Jesus...

To Him be glory for ever!

To Him be glory for ever!

Alleluia. Amen.

Alleluia. Amen. Alleluia. Amen. Alleluia. Amen.

Glory to God, Glory to God, Glory to the Spirit...

Glory to God, Glory to God, Glory to the Spirit...

To Him be glory for ever!

To Him be glory for ever!

Alleluia. Amen.

Alleluia. Amen. Alleluia. Amen. Alleluia. Amen.

THE COLLECT (prayer of the week - found on the pew sheet)

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.
Amen.

THE LITURGY OF THE WORD (please sit)

Introduction to the readings

BIBLE READING

New Testament: 1 Peter 2: 21-25 Read by Richard

To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.

“He committed no sin,
and no deceit was found in his mouth.”

When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. “He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.” For “you were like sheep going astray,” but now you have returned to the Shepherd and Overseer of your souls.

For the word of the Lord.

Thanks be to God.

HYMN 728 Meekness and majesty

***1 Meekness and majesty, manhood and deity,
in perfect harmony, the Man who is God.
Lord of eternity dwells in humanity,
kneels in humility and washes our feet.***

***O what a mystery, meekness and majesty.
Bow down and worship for this is your God,
this is your God.***

***2 Father's pure radiance, perfect in innocence,
yet learns obedience to death on a cross.
Suffering to give us life,
conquering through sacrifice,
and as they crucify prays: 'Father forgive.'***

***O what a mystery, meekness and majesty.
Bow down and worship for this is your God,
this is your God.***

***3 Wisdom unsearchable, God the invisible,
love indestructible in frailty appears.
Lord of infinity, stooping so tenderly,
lifts our humanity to the heights of his throne.***

***O what a mystery, meekness and majesty.
Bow down and worship for this is your God,
this is your God.***

Graham Kendrick (b. 1950)

GOSPEL READING Matthew 5: 1-12 Read by Augustine

(please remain standing)

Hear the Gospel of our Lord Jesus Christ according to St Matthew.

Glory to you, O Lord.

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.

The Beatitudes

He said:

“Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are those who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the pure in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are those who are persecuted because of righteousness,
for theirs is the kingdom of heaven.

“Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON Canon Simon

Focus: In a world that prizes domination, Jesus blesses those who trust God

AFFIRMATION OF FAITH (please stand)

Do you believe and trust in God the Father,
source of all being and life, the one for whom we exist?

We believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature, died for us and rose again?

We believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

We believe and trust in him.

This is the faith of the Church.

This is our faith.

**We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

PRAYERS OF INTERCESSION Led by Christine

(please sit or kneel)

Lord, in your mercy,

Hear our prayer.

At the end:

Merciful Father,

accept these prayers for the sake of your Son,

our Saviour Jesus Christ. Amen.

NOTICES AND TIME OF SHARING

THE PEACE (please stand)

Deep peace be in your hearts,

Deep peace with God's good earth,

Deep peace with friend and stranger,

Deep peace with God - Creator, Redeemer and life-giving Spirit.

The deep peace of our Lord Jesus Christ be with you.

And also with you.

Let us offer one another a sign of peace.

OFFERTORY HYMN 800 The Lord's my shepherd

(During the hymn the bread & wine are brought forward & the altar prepared)

***1 The Lord's my shepherd, I'll not want.
He makes me lie in pastures green.
He leads me by the still, still waters,
his goodness restores my soul.
And I will trust in you alone.
And I will trust in you alone,
for your endless mercy follows me,
your goodness will lead me home.***

***2 He guides my ways in righteousness,
and he anoints my head with oil,
and my cup, it overflows with joy,
I feast on his pure delights.
And I will trust in you alone.
And I will trust in you alone,
for your endless mercy follows me,
your goodness will lead me home.***

***3 And though I walk the darkest path,
I will not fear the evil one,
for you are with me, and your rod and staff
are the comfort I need to know.
And I will trust in you alone.
And I will trust in you alone,
for your endless mercy follows me,
your goodness will lead me home.***

Stuart Townend (b. 1963) based on Psalm 23

With this bread that we bring,
we shall remember Jesus.

With this wine that we bring,
we shall remember Jesus.

Bread for his body, wine for his blood,
gifts from God to his table we bring.
We shall remember Jesus.

EUCCHARISTIC PRAYER (please sit or kneel)

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Almighty God, good Father to us all,
your face is turned towards your world.
In love you gave us Jesus your Son
to rescue us from sin and death.

Your Word goes out to call us home
to the city where angels sing your praise.
We join with them in heaven's song:

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, Hosanna, Hosanna, in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, Hosanna, Hosanna, in the highest.***

Father of all, we give you thanks for every gift that comes from heaven.
To the darkness Jesus came as your light.
With signs of faith and words of hope
he touched untouchables with love and washed the guilty clean.

Sing

***Blessèd assurance, Jesus is mine:
O what a foretaste of glory divine!
Heir of salvation purchase of God;
born of his Spirit, washed in his blood:***

***This is my story, this is my song,
praising my Saviour, all the day long.
This is my story, this is my song,
praising my Saviour, all the day long.***

The crowds came out to see your Son,
yet at the end they turned on him.
On the night he was betrayed he came to table with his friends
to celebrate the freedom of your people.

Jesus blessed you, Father, for the food.
He took bread, gave thanks, broke it and said:
This is my body, given for you all.
Do this in remembrance of me.
Jesus then gave thanks for the wine;
He took the cup, gave it and said:
This is my blood, shed for you all for the forgiveness of sins.
Do this in remembrance of me.

Sing

***Perfect submission, perfect delight,
visions of rapture burst on my sight;
angels descending bring from above
echoes of mercy, whispers of love.***

***This is my story, this is my song,
praising my Saviour, all the day long.
This is my story, this is my song,
praising my Saviour, all the day long.***

Therefore, Father, with this bread and this cup
we celebrate the cross on which he died to set us free.
Defying death he rose again
and is alive with you to plead for us and all the world.

Send your Spirit on us now
that by these gifts we may feed on Christ
with opened eyes and hearts on fire.
May we and all who share this food
offer ourselves to live for you
and be welcomed at your feast in heaven
where all creation worships you,
Father, Son and Holy Spirit:

Sing

***Perfect submission, all is at rest,
I in my Saviour am happy and blest;
watching and waiting, looking above,
filled with his goodness, lost in his love***

***This is my story, this is my song,
praising my Saviour, all the day long.
This is my story, this is my song,
praising my Saviour, all the day long.***

THE LORD'S PRAYER

United as one body we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

**For the Kingdom, the power, and the glory are yours
now and forever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**Though we are many, we are one body
because we all share in one bread.**

The Agnus Dei is sung:

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world:
grant us peace.***

All are welcome to come forward to receive the bread and the wine or a blessing. It is helpful for us if you say your name when you come to the front.

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

HYMN (please remain seated)

358 Be still for the presence of the Lord

***1 Be still, for the presence of the Lord,
the Holy One, is here;
come, bow before him now,
with reverence and fear.
In him no sin is found,
we stand on holy ground.
Be still, for the presence of the Lord,
the Holy One, is here.***

***2 Be still, for the glory of the Lord
is shining all around;
he burns with holy fire,
with splendour he is crowned.
How awesome is the sight,
our radiant King of Light!
Be still, for the glory of the Lord
is shining all around.***

***3 Be still, for power of the Lord
is moving in this place,
he comes to cleanse and heal,
to minister his grace.
No work too hard for him,
in faith receive from him;
be still, for the power of the Lord
is moving in this place.***

DAVID EVANS (b.1957)

POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

THANKSGIVING PRAYER

**Lord, we have broken your bread
and received your life.**

**By the power of your Spirit,
keep us always in your love;
through Jesus Christ our Lord.
Amen.**

HYMN Bless the Lord O my soul – 10,000 reasons

***Bless the Lord oh my soul, Oh my soul
Worship His Holy name
Sing like never before, Oh my soul
I'll worship Your Holy name***

***The sun comes up
It's a new day dawning
It's time to sing Your song again
Whatever may pass
And whatever lies before me
Let me be singing
When the evening comes***

***Bless the Lord oh my soul, Oh my soul
Worship His Holy name
Sing like never before, Oh my soul
I'll worship Your Holy name***

***You're rich in love
And You're slow to anger
Your name is great
And Your heart is kind
For all Your goodness
I will keep on singing
Ten thousand reasons
For my heart to find***

***Bless the Lord oh my soul, Oh my soul
Worship His Holy name
Sing like never before, Oh my soul
I'll worship Your Holy name***

***And on that day
When my strength is failing
The end draws near
And my time has come
Still my soul will
Sing Your praise unending
Ten thousand years
And then forevermore
Forevermore***

***Bless the Lord oh my soul, Oh my soul
Worship His Holy name
Sing like never before, Oh my soul
I'll worship Your Holy name
I'll worship Your Holy name
Yes, I'll worship Your Holy name***

Jonas Myrin, Matt Redman © 2011 Thankyou Music

THE BLESSING

The Lord bless us and keep us.
The Lord make his face to shine upon us, and be gracious to us.
The Lord lift up his countenance upon us and grant us peace.
And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be upon us and remain with us,
be upon those we love,
pray for and care for
now and for evermore.
Amen.

THE DISMISSAL

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

or

By the power of the Spirit, we take into our community the peace
and love of God.
In the name of Christ. Amen.