

## Your guide to this coming week

### Monday 10<sup>th</sup> August

No Community Friendship Café – Café returns 7<sup>th</sup> September  
9am – 11am FISH – Church Centre  
11.30am Midday Prayer (Matthew 17: 22-end)  
5.30pm Bell Ringing Practice

### Wednesday 12<sup>th</sup> August

12pm Midday Prayer (Matthew 18: 15-20)

### Friday 14<sup>th</sup> August - Church Office Closed today

12pm Holy Communion  
12.30 – 4pm Open Church

### Sunday 16<sup>th</sup> August

10am Sung Eucharist  
4pm Songs of Praise Service – Church Centre

### FISH (Food in School Holidays)

We are offering breakfast on  
Mon 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup> August 9am – 11am  
*If you would like to help, please speak with Simon*

### Support us while you shop!

Just to remind everyone that we're still registered with 'Easyfundraising'. So when you shop online you could be raising money for the church, with your favourite retailers donating to us every time you shop with them. **If you're not already signed up it's really easy to join & completely free! Scan the QR code above or visit our website [www.stmargaretslowestoft.co.uk](http://www.stmargaretslowestoft.co.uk) & click 'Support our Mission' on our homepage. Many thanks!**



easyfundraising

See your favourite brands donate to us whenever you spend with them

Find out more

Uber Eats

ebay

M&S

JOHN LEWIS

Amazon

7,500+ online brands

### SAFEGUARDING

We are committed to safeguarding all worshippers, staff and visitors. If you have a concern, please refer to the noticeboards on how to voice your concern

**Our Safeguarding Officer is Zoe Parle**

10am service is livestreamed - Side aisles not in view

**NB: The taking of photos is only permitted with the express permission of the clergy and individuals concerned**

**Toilet & Baby Changing available in the Centre**

### CONTACT DETAILS

#### Rector

Rev'd. Canon Simon Stokes  
[simon@stmargaretslowestoft.co.uk](mailto:simon@stmargaretslowestoft.co.uk)  
01502 573046 or 07771 520085

**THURSDAYS ARE SIMON'S DAY OF REST**

#### Office

01502 561973

[office@stmargaretslowestoft.co.uk](mailto:office@stmargaretslowestoft.co.uk)

Tues & Wed 9am – 3.30pm

Fri 8.30am – 5pm

09.08.26

## WELCOME TO

ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the entrance.  
Many thanks for your kind gift.

## Sunday 9<sup>th</sup> August 2026 10<sup>th</sup> Sunday after Trinity

### Week 3 of Summer Sermon Series – 'Blessed'

*This series explores the Beatitudes as Jesus' portrait of kingdom life: a way of being blessed that often overturns ordinary assumptions about success, strength and security.*

*Each week focuses on one Beatitude.*

### 10am Sung Eucharist

**Theme:** *Meekness is strength surrendered to God, not weakness or passivity.*

Presiding: Canon Simon  
Preaching: Canon Simon  
Reader: Richard  
Reading: 1 Peter 2: 21-25  
Gospel: Matthew 5: 1-12 (Read by Augustine)  
*Focussing on Matthew 5:5*  
Intercessor: Christine  
Hymns: 775, 728, 800, 358 & separate sheet



SCAN  
FOR  
SERVICE  
BOOKLET

**Refreshments served afterwards in the Centre**

### 4pm Songs of Praise Service

Informal Service followed by tea & cake  
Church Centre (Outside, weather permitting)

\*\*\*

## Sunday 16<sup>th</sup> August 2026

### 11<sup>th</sup> Sunday after Trinity

10am Sung Eucharist  
4pm Songs of Praise Evening Service followed by tea & cake - Church Centre (Outside weather permitting)

\*\*\*

### Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

**June Avenue - Map no. 109 / Ref. H / I 7-8**

**Jubilee Way - Map no. 125b / Ref. H24**

**Kirkstone Way - Map no. 39 / Ref. E 7**

## Readings for Sunday 9<sup>th</sup> Aug 2026

### New Testament: 1 Peter 2: 21-25

To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.

“He committed no sin, and no deceit was found in his mouth.” When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. “He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.” For “you were like sheep going astray,” but now you have returned to the Shepherd and Overseer of your souls.

### Gospel: Matthew 5: 1-12

#### ***Focussing on: Matthew 5: 5***

*“Blessed are the meek, for they will inherit the earth.”*

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.

#### **The Beatitudes**

He said:

“Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

Blessed are those who mourn,  
for they will be comforted.

Blessed are the meek,  
for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness,  
for they will be filled.

Blessed are the merciful,  
for they will be shown mercy.

Blessed are the pure in heart,  
for they will see God.

Blessed are the peacemakers,  
for they will be called children of God.

Blessed are those who are persecuted because of righteousness,  
for theirs is the kingdom of heaven.

“Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

**Sermon focus:** *In a world that prizes domination, Jesus blesses those who trust God enough to live with gentleness.*

#### ***Additional passages for reflection and application:***

*Psalm 37: 1-11, Numbers 12: 1-8, Matthew 11: 28-30*

\*\*\*

### Collect

Lord of heaven and earth,  
as Jesus taught his disciples  
to be persistent in prayer,  
give us patience and courage  
never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord. Amen.

### Post Communion Prayer

God of our pilgrimage,  
you have willed that the gate of mercy  
should stand open for those who trust in you:  
look upon us with your favour  
that we who follow the path of your will  
may never wander from the way of life;  
through Jesus Christ our Lord.

### Songs of Praise Services

Sunday Evenings - 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> August

4pm Praise Service, followed by Tea & Cake

During August the evening services will be informal  
Songs of Praise Services (Outside-weather permitting)

There is a sheet at the back of church to  
add your favourite hymn requests onto.

### Coffee Afternoon

Monday 17<sup>th</sup> August

2pm ~ 4pm in the Church Centre

In aid of Dementia UK

### Magazine Deadline - MONDAY 17<sup>TH</sup> AUGUST

PLEASE LET EITHER TINA OR KEITH HAVE ANY ARTICLES ETC  
FOR INCLUSION IN THE SEPT / OCT MAGAZINE. THANK YOU.

### St. Margaret's Coffee Concerts

PLEASE JOIN US AND ENJOY LISTENING TO:



**Friday 28<sup>th</sup> Aug at 1.15pm**

**Zoe Anderton (Harpist)**



**FREE ENTRY - DONATIONS WELCOMED ON THE DAY**

## HYMN

10,000 Reasons (Matt Redman)

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

The sun comes up  
It's a new day dawning  
It's time to sing Your song again  
Whatever may pass  
And whatever lies before me  
Let me be singing  
When the evening comes

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

You're rich in love  
And You're slow to anger  
Your name is great  
And Your heart is kind  
For all Your goodness  
I will keep on singing  
Ten thousand reasons  
For my heart to find

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

And on that day  
When my strength is failing  
The end draws near  
And my time has come  
Still my soul will  
Sing Your praise unending  
Ten thousand years  
And then forevermore  
Forevermore

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name  
I'll worship Your Holy name  
Yes, I'll worship Your Holy name*

## HYMN

10,000 Reasons (Matt Redman)

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

The sun comes up  
It's a new day dawning  
It's time to sing Your song again  
Whatever may pass  
And whatever lies before me  
Let me be singing  
When the evening comes

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

You're rich in love  
And You're slow to anger  
Your name is great  
And Your heart is kind  
For all Your goodness  
I will keep on singing  
Ten thousand reasons  
For my heart to find

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name*

And on that day  
When my strength is failing  
The end draws near  
And my time has come  
Still my soul will  
Sing Your praise unending  
Ten thousand years  
And then forevermore  
Forevermore

*Bless the Lord oh my soul, Oh my soul  
Worship His Holy name  
Sing like never before, Oh my soul  
I'll worship Your Holy name  
I'll worship Your Holy name  
Yes, I'll worship Your Holy name*