## ST. MARGARET'S CHURCH LOWESTOFT

# Holy Communion for Trinity & Ordinary time SERVICE ONE

Sunday 2<sup>nd</sup> June 2024 – 1<sup>st</sup> Sunday after Trinity



**WELCOME & Introduction** 

Deacon: Sarah Presiding & Preacher: Canon Simon Stokes

We meet in the presence of God who knows our needs, feels our pain, and shares our joy. This is the day that the Lord has made. **We will rejoice and be glad in it.** 

HYMN: 713 – Lord of all hopefulness

Lord of all hopefulness, Lord of all joy, whose trust, ever childlike, no cares could destroy, be there at our waking, and give us, we pray, your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith, whose strong hands were skilled at the plane and the lathe, be there at our labours, and give us, we pray, your strength in our hearts, Lord, at the noon of the day. Lord of all kindliness, Lord of all grace, your hands swift to welcome, your arms to embrace, be there at our homing, and give us, we pray, your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm, whose voice is contentment, whose presence is balm, be there at our sleeping, and give us, we pray, your peace in our hearts, Lord, at the end of the day.

Joyce Placzek (Jan Struther) (1901-1953)

The Lord be with you **And also with you.** 

Let us worship the Lord. **Thanks be to God.** 

**Prayers of Penitence** 

We are invited to confess what we have done wrong using these or other suitable words

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Therefore let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all. Confession (please sit or kneel)

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

#### Amen.

**THE GLORIA** *(If you are able, please stand to sing the Gloria)* 

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT (Prayer of the week - found on the pew sheet)

God of truth, help us to keep your law of love and to walk in ways of wisdom, that we may find true life in Jesus Christ your Son. THE LITURGY OF THE WORD (Please sit)

Before the readings there may be an all age talk

BIBLE READING[S]

Old Testament Reading: 1 Samuel 3: 1-10 Read by Helen

The boy Samuel was ministering to the Lord under Eli. The word of the Lord was rare in those days; visions were not widespread. At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the Lord, where the ark of God was. Then the Lord called, 'Samuel! Samuel!' and he said, 'Here I am!' and ran to Eli, and said, 'Here I am, for you called me.' But he said, 'I did not call; lie down again.' So he went and lay down. The Lord called again, 'Samuel!' Samuel got up and went to Eli, and said, 'Here I am, for you called me.' I did not call, my son; lie down again.' Now Samuel did not yet know the Lord, and the word of the Lord had not yet been revealed to him. The Lord called Samuel again, a third time. And he got up and went to Eli, and said, 'Here I am, for you called me.' Then Eli perceived that the Lord was calling the boy. Therefore, Eli said to Samuel, 'Go, lie down; and if he calls you, you shall say, "Speak, Lord, for your servant is listening.'' So, Samuel went and lay down in his place. Now the Lord came and stood there, calling as before, "Samuel! Samuel! And Samuel said, 'Speak, for your servant is listening.'

For the word of the Lord. **Thanks be to God.** 

Epistle: 2 Corinthians 4: 5-12 Read by Val

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

For the word of the Lord. **Thanks be to God.** 

HYMN: 790 - Teach me, my God and King

Teach me, my God and King, in all things thee to see, and what I do in anything to do it as for thee.

A man that looks on glass, on it may stay his eye; or if he pleaseth, through it pass, and then the heaven espy.

All may of thee partake; nothing can be so mean, which with this tincture, "for thy sake," will not grow bright and clean.

A servant with this clause makes drudgery divine: who sweeps a room, as for thy laws, makes that and the action fine.

This is the famous stone that turneth all to gold; for that which God doth touch and own cannot for less be told.

GEORGE HERBERT (1593-1633)

**GOSPEL READING:** Mark 2: 23 - 3: 6 (Please remain standing)

These words may be used:

Alleluia, alleluia! Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty. **Alleluia!** 

When the Gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to St Mark.

#### Glory to you, O Lord.

One sabbath Jesus was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.' Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

This is the Gospel of the Lord. *Praise to you, O Christ.* 

**SERMON:** Canon Simon

#### **AFFIRMATION OF FAITH**

(If you would like to, please stand as we affirm our faith)

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen. PRAYERS OF INTERCESSION lead by Pam (Please sit or kneel)

These responses may be used:

Lord, in your mercy, **Receive our prayer.** 

At the end: Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

CALLING OF BANNS OF MARRIAGE, NOTICES AND TIME OF SHARING

**THE PEACE** (If you would like to, please stand)

These words may be used:

We are the body of Christ, by one spirit we were all baptised into one body. Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you and also with you.

**Deacon:** Let us offer one another a sign of peace.

OFFERTORY HYMN: 667 - I danced in the morning.

(During the hymn the bread & wine are brought forward and the altar is prepared)

I danced in the morning when the world was begun, and I danced in the moon and the stars and the sun, and I came down from heaven and I danced on the earth; at Bethlehem I had my birth. Dance, then, wherever you may be; I am the Lord of the Dance, said he, and I'll lead you all, wherever you may be, and I'll lead you all in the Dance, said he. I danced for the scribe and the pharisee, but they would not dance and they wouldn't follow me. I danced for the fishermen, for James and John — They came with me and the Dance went on. Dance, then, wherever you may be; I am the Lord of the Dance, said he, and I'll lead you all, wherever you may be, and I'll lead you all in the Dance, said he.

I danced on the Sabbath and I cured the lame; the holy people said it was a shame. They whipped and they stripped and they hung me on high, and they left me there on a cross to die. Dance, then, wherever you may be; I am the Lord of the Dance, said he, and I'll lead you all, wherever you may be, and I'll lead you all in the Dance, said he.

I danced on a Friday when the sky turned black it's hard to dance with the devil on your back. They buried my body and they thought I'd gone; but I am the Dance, and I still go on. Dance, then, wherever you may be; I am the Lord of the Dance, said he, and I'll lead you all, wherever you may be, and I'll lead you all in the Dance, said he.

They cut me down and I leapt up high; I am the life that'll never, never die; I'll live in you if you'll live in me — I am the Lord of the Dance, said he. Dance, then, wherever you may be; I am the Lord of the Dance, said he, and I'll lead you all, wherever you may be, and I'll lead you all in the Dance, said he.

Sydney Carter (1915-2004)

With this bread that we bring we shall remember Jesus.

With this wine that we bring we shall remember Jesus.

Bread for his body, wine for his blood, gifts from God to his table we bring. **we shall remember Jesus.** 

#### EUCHARISTIC PRAYER (please sit or kneel)

[The Choir may remain standing]

The Lord is here. His Spirit is with us.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise!

Lord of all life, you created the universe where all living things reflect your glory. You give us this great and beautiful earth to discover and to cherish.

You sent your Son to live among us, Jesus our Saviour, Mary's child. He suffered on the cross; he died to save us from our sins; he rose in glory from the dead, and we share his risen life.

You send your Spirit to bring new life to the world, and clothe us with power from on high. And so we join the angels to celebrate and sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.Hosanna, in the highest.Blessed is he who comes in the name of the Lord.Hosanna in the highest. Father, on the night before he died,Jesus shared a meal with his friends.He took the bread and thanked you.He broke it, and gave it to them, saying:Take and eat; this is my body, given for you.Do this in remembrance of me.

After the meal, Jesus took the cup of wine. He thanked you, and gave it to them, saying: Drink this, all of you. This is my blood, the new promise of God's unfailing love. Do this in remembrance of me.

Father, as we bring this bread and wine, and remember his death and resurrection, send your Holy Spirit, that we who share these gifts may be fed by Christ's body and his blood.

Pour your Spirit on us that we may love one another, work for the healing of the earth, and share the good news of Jesus, as we wait for his coming in glory.

Deacon: Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

#### THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

Our Father in heaven hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the Kingdom, the power, and the glory are yours now and forever. Amen. **BREAKING OF THE BREAD** 

We break this bread to share in the body of Christ. Though we are many, we are one body because we all share in one bread.

The Agnus Dei is sung:

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us your peace.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

All are welcome to come forward to receive the bread and the wine or a blessing, it is helpful for us if you say your name when you come to the front.

An anthem is usually sung by the Choir and then a **HYMN** is also sung during Communion. (Please remain seated)

Anthem: Author of life divine (McDowell)

HYMN: 421 - All for Jesus

All for Jesus, all for Jesus, this our song shall ever be; for we have no hope, nor Saviour, if we have not hope in thee.

All for Jesus, thou wilt give us strength to serve thee, hour by hour; none can move us from thy presence while we trust thy love and power.

All for Jesus, at thine altar thou wilt give us sweet content; there, dear Lord, we shall receive thee in the solemn sacrament. All for Jesus, thou hast loved us; all for Jesus, thou hast died; all for Jesus, thou art with us; all for Jesus crucified.

All for Jesus, all for Jesus, this the church's song must be, till, at last, we all are gathered one in love and one in thee.

W.J. Sparrow- Simpson (1859-1952)\*

### POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord.

#### THANKSGIVING PRAYER

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

#### HYMN: 743 - O God beyond all praising

O God beyond all praising, we worship you today and sing the love amazing that songs cannot repay; for we can only wonder at every gift you send, at blessings without number and mercies without end: we lift our hearts before you and wait upon your word, we honour and adore you, our great and mighty Lord.

Then hear, O gracious Saviour, accept the love we bring, that we who know your favour may serve you as our king; and whether our tomorrows be filled with good or ill, we'll triumph through our sorrows and rise to bless you still: to marvel at your beauty and glory in your ways, and make a joyful duty our sacrifice of praise.

Michael Perry (1942–1996)

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THE BLESSING

May the Lord bless you and keep you. May the Lord make his face shine upon you and be gracious to you. May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. Amen. THE DISMISSAL

Deacon: Go in peace to love and serve the Lord. *In the name of Christ. Amen.* 

or

By the power of the Spirit, we take into our community the peace and love of God. *In the name of Christ. Amen.* 



